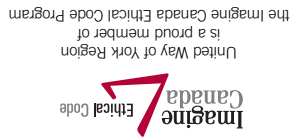




# A BETTER LIFE FOR EVERYONE



80F Centurian Drive, Suite 200  
 Markham, ON L3R 8C1  
 Tel 905 474 9974 • Fax 905 474 0051  
 www.unitedwayyorkregion.com



# A BETTER LIFE FOR EVERYONE

\*Name has been changed to respect privacy.

"My world came crashing down when my parents kicked me out of the house at seventeen. I was rebellious, naïve and destructive, struggling with an abusive boyfriend. I had no place to go. Fortunately, my vice-principal presented me with an unbelievable program, funded by United Way of York Region. **It changed my life.** I am a fourth year Ryerson University student now. I have reconciled with my family and am living at home in York Region. I have been accepted to teacher's college to become a grade one teacher."

Andrea\*



## United, we help build a better life for everyone

Some of our neighbours are quietly struggling. This year, many who may never have needed help before will be reaching out to United Way of York Region funded programs. You can help restore them to a place of strength with your generous donation.

## United, we make a difference every single day

Your contribution to United Way of York Region provides vital social services to 1 in 3 people where you live and work: isolated seniors, youth struggling with depression, children living with AIDS, mothers seeking safe shelter from violent homes, families unexpectedly hit by job losses, homeless men trying to turn their lives around.

And in times like these, people often need a network of programs working together to provide a helping hand. United Way of York Region invests funding where it will have the greatest impact. One donation to United Way of York Region helps fund 100 programs delivered by 39 agencies - the social service network that keeps people, families and communities strong in York Region.

*This year, many who may never have needed help before will be reaching out to United Way of York Region funded programs.*

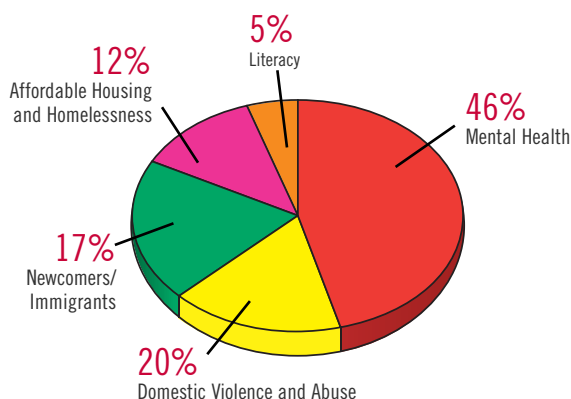


## United, we address community priorities

Your support enables United Way of York Region to address the most critical social issues and create positive and lasting change: access to social programs, responsive youth supports, and settlement of newcomers. By listening to people's stories, bringing groups together and speaking out with solutions, United Way of York Region works to address the root causes of the social issues faced across the region.

*Our goal is to create lasting change, to fulfill long-term needs, and to lift not only individuals but whole communities from despair to hope.*

### WHERE THE DOLLARS GO



(Please see inside flap for a full list of United Way of York Region funded programs.)

## Your donation counts so much

By giving to United Way of York Region, your dollars impact the lives of 1 in 3 people.

### Thanks to your donation of...

**\$5 per pay\***, a newcomer receives 6.5 hours of pre-employment training - crucial help to find a job and start a life in Canada.

**\$10 per pay\***, 5 seniors receive social support once a month for a year to reduce loneliness and help keep them living at home safely.

**\$20 per pay\***, 4 children who have been sexually abused receive counselling for 10 weeks - the first step to rebuilding their self-esteem and managing anxiety.

## Become a Leader and increase your impact

Leadership is not a title, it is an attitude - a commitment to a way of conducting your life. When you make an annual contribution of \$1,000 or more, you will join a growing number of people who recognize the difference their generosity makes in the community.

### Thanks to your leadership donation of...

**\$40 per pay\***, 10 troubled youth and their families receive a full year of counselling, providing the lifelong tools they need to maintain healthy relationships.

**\$96 per pay\***, a homeless family of four receives 3 weeks of food, shelter, employment and life skills coaching, helping them to achieve independence and stability.

\*Per pay based on 26 pay periods per year (rounded up to the nearest dollar).

# Addressing Community Priorities

Your gift helps create lasting change throughout our communities — change that can only come about through United Way of York Region's network of 100 programs delivered by our member agencies.

## 46% of our funding supports people with mental health challenges and their families

### ALZHEIMER SOCIETY OF YORK REGION

800 Davis Dr., Unit 6, Newmarket, ON L3Y 2R5  
Phone: (905) 895-1337 Fax: (905) 895-1736  
Web Site: [www.alzheimer-york.com](http://www.alzheimer-york.com)  
Program: Georgina Satellite Office

### BIG BROTHERS BIG SISTERS OF YORK

145 Main St. S., Newmarket, ON L3Y 3Y9  
Phone: (905) 895-0289 Fax: (905) 895-6581  
Web Site: [www.bbbsy.ca](http://www.bbbsy.ca)  
Programs: Community-Based Programs;  
In-School Mentoring Program

### CANADIAN MENTAL HEALTH ASSOCIATION, YORK REGION BRANCH

1091 Gorham St., Suite 300, Newmarket, ON L3Y 8X7  
Phone: (905) 853-5700 Fax: (905) 853-1051  
Web Site: [www.cmha-yr.on.ca](http://www.cmha-yr.on.ca)  
Programs: Family and Caregiver Education; Youth Wellness

### CAREFIRST SENIORS AND COMMUNITY SERVICES ASSOCIATION

420 Highway 7 East, Suite 104A, Richmond Hill, ON L4B 3K2  
Phone: (905) 771-3700 Fax: (905) 763-3718  
Web Site: [www.carefirstseniors.com](http://www.carefirstseniors.com)  
Program: Wellness Education Mental Health

### CATHOLIC COMMUNITY SERVICES OF YORK REGION

21 Dunlop St., Suite 101, Richmond Hill, ON L4C 2M6  
Phone: (905) 770-7040 Fax: (905) 770-7064  
Other Phone: 1-800-263-2075 (Toll Free)  
Web Site: [www.ccsyr.org](http://www.ccsyr.org)  
Program: Counselling Services

### CNIB - Ontario Central Region

615 Davis Dr., Suite 200, Newmarket, ON L3Y 2R2  
Phone: (905) 898-6413 Fax: (905) 868-9572  
Other Phone: 1-800-563-0887 (Toll Free)  
TTY: (905) 898-1069  
Web Site: [www.cnib.ca](http://www.cnib.ca)  
Programs: Independent Living Skills; Low Vision Services;  
Orientation and Mobility; Registration and Referral

### COMMUNITY LIVING GEORGINA

P.O. Box 68, Sutton West, ON L0E 1R0  
Phone: (905) 722-8947 Fax: (905) 722-9591  
Web Site: [www.communitylivinggeorgina.com](http://www.communitylivinggeorgina.com)  
Program: Community Relations

### COMMUNITY LIVING NEWMARKET/AURORA DISTRICT

757 Bogart Ave., Newmarket, ON L3Y 2A7  
Phone: (905) 898-3000 Fax: (905) 898-6441  
Web Site: [www.clnad.com](http://www.clnad.com)  
Programs: Dual Diagnosis Education and Development;  
Promoting Wellness Through Community Participation

### COMMUNITY LIVING YORK SOUTH

101 Edward Ave., Richmond Hill, ON L4C 5E5  
Phone: (905) 884-9110 Fax: (905) 737-3284  
Web Site: [www.communitylivingyorksouth.ca](http://www.communitylivingyorksouth.ca)  
Programs: Community Outreach to the South Asian  
Community; Community Support

### COSTI IMMIGRANT SERVICES

7800 Jane St., Units 1 & 9, Concord, ON L4K 4R6  
Phone: (905) 669-5627 Fax: (905) 669-1127  
Other Phone: (416) 658-1600  
Web Site: [www.costi.org](http://www.costi.org)  
Program: Family and Mental Health Services

### FAMILY SERVICES OF YORK REGION (FSYR)

1091 Gorham St., Unit 202, Newmarket, ON L3Y 7V1  
Phone: (905) 895-2371 Fax: (905) 895-2389  
Web Site: [www.fsyrc.ca](http://www.fsyrc.ca)  
Programs: Family Life Education; Families & Schools Together;  
Individual, Family & Couple Counselling; Markham  
Chinese Youth; Youth at Risk

### HOSPICE GEORGINA

152 High St., Suite 101, P.O. Box 721, Sutton, ON L0E 1R0  
Phone: (905) 722-9333 Fax: (905) 722-0208  
Web Site: [www.hospicegeorgina.com](http://www.hospicegeorgina.com)  
Program: Adult Grief and Bereavement

### JERICHO YOUTH SERVICES

1964 Metro Road, P.O. Box 991, Sutton West, ON L0E 1R0  
Phone: (905) 722-5540 Fax: (905) 722-4308  
Web Site: [www.jycentre.ca](http://www.jycentre.ca)  
Programs: After School Programs; Bethany Crafts and Games;  
Camps – Winter/Summer/Tim Horton's; Dances; Gym  
Programs; Martial Arts; Special Events; Youth  
Leadership and Development

### JEWISH FAMILY AND CHILD SERVICE OF GREATER TORONTO

1 Promenade Circle, Suite 313, Thornhill, ON L4J 4P8  
Phone: (905) 882-2331 Fax: (905) 882-2355  
Central In-take Phone: (416) 638-7800  
Web Site: [www.jfandcs.com](http://www.jfandcs.com)  
Program: Outreach to Schools-School Social Work

### ROSE OF SHARON SERVICES FOR YOUNG MOTHERS

361 Eagle St., Newmarket, ON L3Y 1K5  
Phone: (905) 853-5514 Fax: (905) 853-5949  
Web Site: [www.therose.ca](http://www.therose.ca)  
Program: Outreach Counselling and Mentoring

### THE AIDS COMMITTEE OF YORK REGION

194 Eagle St. E., Newmarket, ON L3Y 1J6  
Phone: (905) 953-0248 Fax: (905) 953-1372  
Other Phone: 1-877-243-7717 (Toll Free)  
Web Site: [www.acyr.org](http://www.acyr.org)  
Program: Child and Youth

### THE CANADIAN HEARING SOCIETY-SIMCOE YORK REGION

713 Davis Dr., Suite 105, Newmarket, ON L3Y 2R3  
Phone: (905) 715-7511 Fax: (905) 715-7109  
Other Phone: 1-877-715-7511 (Toll Free)  
TTY: (905) 898-6646  
TTY: 1-877-967-5247 (Toll Free)  
Web Site: [www.chs.ca](http://www.chs.ca)  
Programs: General Support Services; Marketing  
Communications/Communication Devices

### THE YORK CENTRE FOR CHILDREN, YOUTH AND FAMILIES

11225 Leslie St., Richmond Hill, ON L4S 1N5  
Phone: (905) 887-5896 Fax: (905) 887-0584  
Web Site: [www.theyorkcentre.ca](http://www.theyorkcentre.ca)  
Programs: Community Outreach; Summer Day  
Treatment Transportation

### VITA COMMUNITY LIVING SERVICES

4301 Weston Rd., Toronto, ON M9L 2Y3  
Phone: (416) 749-6234 Fax: (416) 749-1456  
Web Site: [www.vitacls.org](http://www.vitacls.org)  
Program: Mens Sana Day Program

## 20% of our funding helps people escape domestic violence and abuse to a life of safety

### CANADIAN RED CROSS SOCIETY (REGION OF YORK BRANCH)

13311 Yonge St., Unit 204, Richmond Hill, ON L3X 1W1  
Phone: (905) 830-9565 Fax: (905) 773-7587  
Other Phone: 1-800-361-9448 (Toll Free)  
Web Site: [www.redcross.ca](http://www.redcross.ca)  
Program: RespectED: Violence and Abuse Prevention

### CAREFIRST SENIORS AND COMMUNITY SERVICES ASSOCIATION

420 Highway 7 East, Suite 104A, Richmond Hill, ON L4B 3K2  
Phone: (905) 771-3700 Fax: (905) 763-3718  
Web Site: [www.carefirstseniors.com](http://www.carefirstseniors.com)  
Programs: Elder Abuse Prevention; Solution Focused  
Counselling for Chinese Elderly Abuse Victims

### CATHOLIC COMMUNITY SERVICES OF YORK REGION

21 Dunlop St., Suite 101, Richmond Hill, ON L4C 2M6  
Phone: (905) 770-7040 Fax: (905) 770-7064  
Other Phone: 1-800-263-2075 (Toll Free)  
Web Site: [www.ccsyr.org](http://www.ccsyr.org)  
Program: Family Life Education

### FAMILY SERVICES YORK REGION (FSYR)

1091 Gorham St., Unit 202, Newmarket, ON L3Y 7V1  
Phone: (905) 895-2371 Fax: (905) 895-2389  
Web Site: [www.fsyrc.ca](http://www.fsyrc.ca)  
Program: South Asian Outreach

### GIRLS INCORPORATED OF YORK REGION

80 George St., Unit 2, Newmarket, ON L3Y 4V3  
Phone: (905) 830-0776 Fax: (905) 830-4480  
Web Site: [www.girlsincoryork.org](http://www.girlsincoryork.org)  
Program: Girls Incorporated After-School Programs

### SANDGATE, WOMEN'S SHELTER OF YORK REGION INC.

P.O. Box 248, Sutton West, ON L0E 1R0  
Phone: (905) 722-4043 Fax: (905) 722-8416  
Crisis Phone: (905) 722-3220  
Crisis Toll-Free Line: 1-800-661-8294  
TTY: (905) 722-6223  
Web Site: [www.sandgate.ca](http://www.sandgate.ca)  
Programs: Child Witness; Crisis Counselling/Outreach;  
Emergency Shelter; Transitional & Housing Support

### VICTIM SERVICES OF YORK REGION INC.

4981 Hwy #7 E., Unit 12A, Suite 243, Markham, ON L3R 1N1  
Phone: (905) 474-2955 Fax: (905) 513-7933  
Other Phone: (905) 881-1221  
Web Site: [www.victimservices-york.org](http://www.victimservices-york.org)  
Program: Crisis Intervention

### WOMEN'S CENTRE OF YORK REGION

120 Harry Walker Parkway N., Newmarket, ON L3Y 7B2  
Phone: (905) 853-9270 Fax: (905) 853-9271  
Web Site: [www.wcyrc.ca](http://www.wcyrc.ca)  
Program: Violence Against Women Counselling

### YELLOW BRICK HOUSE

52 West Beaver Creek Road, Unit 4, Richmond Hill, ON L4B 1L9  
Phone: (905) 709-0900 Fax: (905) 709-1308  
Other Phone: 1-800-263-2231 (Toll Free)  
Crisis Line: (905) 727-1944  
Other Crisis Line: 1-800-263-3247 (Toll Free)  
Web Site: [www.yellowbrickhouse.org](http://www.yellowbrickhouse.org)  
Programs: Child Counselling; Children's Program; Public  
Education Coordinator; Volunteer Coordinator

### YORK REGION ABUSE PROGRAM

17705 Leslie St., Unit 12, Newmarket, ON L3Y 3E3  
Phone: (905) 853-3040 Fax: (905) 853-1023  
Other Phone: 1-800-263-2240 (Toll Free)  
Web Site: [www.yrap2.org](http://www.yrap2.org)  
Programs: Abuse Prevention; Clinical Program; Intern Program

## 17% of our funding provides services for newcomers and immigrants

### CANADIAN RED CROSS SOCIETY (REGION OF YORK BRANCH)

13311 Yonge St., Unit 204, Richmond Hill, ON L4E 3L6  
Phone: (905) 830-9565 Fax: (905) 773-7587  
Other Phone: 1-800-361-9448 (Toll Free)  
Web Site: [www.redcross.ca](http://www.redcross.ca)  
Program: International Humanitarian Issues/Youth Action Program

### CAREFIRST SENIORS AND COMMUNITY SERVICES ASSOCIATION

420 Highway 7 East, Suite 104A, Richmond Hill, ON L4B 3K2  
Phone: (905) 771-3700 Fax: (905) 763-3718  
Web Site: [www.carefirstseniors.com](http://www.carefirstseniors.com)  
Programs: Active Community Living and Linkage;  
York Region Bridging Service Hub

### CATHOLIC COMMUNITY SERVICES OF YORK REGION

21 Dunlop St., Suite 101, Richmond Hill, ON L4C 2M6  
Phone: (905) 770-7040 Fax: (905) 770-7064  
Other Phone: 1-800-263-2075 (Toll Free)  
Web Site: [www.ccsyr.org](http://www.ccsyr.org)  
Program: Community Services and Immigration

### CENTRE FOR INFORMATION AND COMMUNITY SERVICES OF ONTARIO

7828 Kennedy Rd., Suite 228, Markham, ON L3R 5P1  
Phone: (905) 474-5092 Fax: (905) 474-1539  
Web Site: [www.cicscanada.com](http://www.cicscanada.com)  
Programs: Immigrant Children in Transition; Immigrant Youth  
Advancement and Development; Immigration  
Integration Support

### CHATS (COMMUNITY HOME ASSISTANCE TO SENIORS)

126 Wellington St. W., Suite 103, Aurora, ON L4G 2N9  
Phone: (905) 713-6596 Fax: (905) 713-1705  
Other Phone: 1-877-452-4287 (Toll Free)  
Web Site: [www.chats.on.ca](http://www.chats.on.ca)  
Program: Seniors Diversity Outreach

### CHINESE FAMILY SERVICES OF ONTARIO

15 Wertheim Court, Suite 607, Richmond Hill, ON L4B 3H7  
Phone: (416) 979-8299 Fax: (416) 979-2743  
Other Phone: 1-866-979-8298 (Toll Free)  
Web Site: [www.chinesefamilyso.com](http://www.chinesefamilyso.com)  
Program: Counselling and Family Services for  
Mandarin-speaking Newcomers

### COSTI IMMIGRANT SERVICES

7800 Jane St., Units 1 & 9, Concord, ON L4K 4R6  
Phone: (905) 669-5627 Fax: (905) 669-1127  
Other Phone: (416) 658-1600  
Web Site: [www.costi.org](http://www.costi.org)  
Programs: General and Settlement Counselling; York Mentoring

### JEWISH FAMILY AND CHILD SERVICE OF GREATER TORONTO

1 Promenade Circle, Suite 313, Thornhill, ON L4J 4P8  
Phone: (905) 882-2331 Fax: (905) 882-2355  
Central In-take Phone: (416) 638-7800  
Web Site: [www.jfandcs.com](http://www.jfandcs.com)  
Program: Family Resource Centre

### JOB SKILLS

130 Davis Dr., Unit 14, P.O. Box 34, Newmarket, ON L3Y 2N1  
Phone: (905) 898-5138 Fax: (905) 898-4830  
Other Phone: 1-866-592-6278 (Toll Free)  
Web Site: [www.jobskills.org](http://www.jobskills.org)  
Programs: Employment Needs Assessment & Case  
Management Services – York Region North;  
Employment Needs Assessment & Case  
Management Services – York Region South

### SOCIAL SERVICES NETWORK

500 Alden Rd., Suite 204, Markham, ON L3R 5H5  
Phone: (905) 940-7864 Fax: (905) 940-7863  
Web Site: [www.socialservicesnetwork.org](http://www.socialservicesnetwork.org)  
Program: Seniors Drop-in Centres

### THE CROSS-CULTURAL COMMUNITY SERVICES ASSOCIATION (TCCSA)

Metro Square, 3636 Steeles Ave. E., Unit 223, Markham, ON L3R 1K9  
Phone: (905) 948-1671 Fax: (905) 948-9997  
Toronto Office Phone: (416) 653-0505  
Web Site: [www.tccsa.on.ca](http://www.tccsa.on.ca)  
Program: Volunteer Coordination

## 12% of our funding helps people transition from homelessness to affordable housing

### BLUE DOOR SHELTERS

18838 Highway 11, East Gwillimbury, ON L9N 0C5  
Phone: (905) 898-1015 Fax: (905) 898-6414  
Other Phone: 1-888-554-5525 (Toll Free)  
Web Site: [www.bluedoorsshelters.ca](http://www.bluedoorsshelters.ca)  
Programs: Leeder Place Family Shelter; Porter Place Men's  
Shelter; York Region Youth Shelter

### PATHWAYS FOR CHILDREN, YOUTH AND FAMILIES OF YORK REGION INC.

135-137 Main St. N., Suite 308, Markham, ON L3P 1Y2  
Phone: (905) 471-7877 Fax: (905) 471-7949  
Web Site: [www.pathwaysyorkregion.org](http://www.pathwaysyorkregion.org)  
Program: Individual and Family Counselling

### THE VITANOVA FOUNDATION

6299 Rutherford Rd., Woodbridge, ON L4L 1A7  
Phone: (905) 850-3690 Fax: (905) 850-3835  
Other Phone: (416) 744-8940  
Web Site: [www.vitanova.on.ca](http://www.vitanova.on.ca)  
Program: The Shelter@Vitanova

### YORK REGION FOOD NETWORK

510 Penrose Street, Newmarket, ON L3Y 1A2  
Phone: (905) 967-0428 Fax: (905) 967-0097  
Other Phone: 1-800-454-9736 (Toll Free)  
Web Site: [www.yrfn.ca](http://www.yrfn.ca)  
Program: Food Bank Support

## 5% of our funding provides literacy training and skills

### CNIB - Ontario Central Region

615 Davis Dr., Suite 200, Newmarket, ON L3Y 2R2  
Phone: (905) 898-6413 Fax: (905) 868-9572  
Other Phone: 1-800-563-0887 (Toll Free)  
TTY: (905) 898-1069  
Web Site: [www.cnib.ca](http://www.cnib.ca)  
Program: Library Services

### COMMUNITY LIVING NEWMARKET/AURORA DISTRICT

757 Bogart Ave., Newmarket, ON L3Y 2A7  
Phone: (905) 898-3000 Fax: (905) 898-6441  
Web Site: [www.clnad.com](http://www.clnad.com)  
Program: Literacy Support

### LEARNING CENTRE FOR GEORGINA

90 Wexford Dr., Unit 3, Keswick, ON L4P 3P7  
Phone: (905) 476-9900 Fax: (905) 476-3085  
Web Site: [www.lcgeorgina.org](http://www.lcgeorgina.org)  
Program: Literacy and Basic Skills Training and  
Additional Support Program

### LEARNING DISABILITIES ASSOCIATION OF YORK REGION

11181 Yonge St., Suite 221, Richmond Hill, ON L4S 1L2  
Phone: (905) 884-7933 Fax: (905) 770-9377  
Web Site: [www.ldayr.org](http://www.ldayr.org)  
Programs: Adults with Learning Disabilities Support Groups;  
Individual Resourcing/Resource Centre; Parenting a  
Child with a Learning Disability; Parenting Support;  
Social Skills Program

### LITERACY COUNCIL YORK-SIMCOE

17817 Leslie St., Unit 12, Newmarket, ON L3Y 8C6  
Phone: (905) 853-6279 Fax: (905) 836-7323  
Web Site: [www.lcys.ca](http://www.lcys.ca)  
Program: Learn, Work, Succeed